

Jack McCloskey's

40th Annual Boys / Girls Individual Basketball Camp at Alvernia University

Grades 3 to 9

Camp #2 July 18 to 22

Dear Parents,

This begins our 40th year of camps. An outstanding camp has a few consistent elements: experienced staff, emphasis on learning and playing, excellent planning & organization, and superior facilities. Alvernia University, Reading, PA, provides a tremendous opportunity for us to run a very successful camp. As the former Head Men's Basketball Coach at Alvernia University, with 39 years experience at running camps, I have the knowledge, experience, and trained staff to provide a great camp experience for your son or daughter. I look forward to showing you and your child a terrific camp experience!

INDIVIDUAL CAMP INFORMATION

New for 2010

Campers can choose from 3 daily routines ranging from short day camper to a full-time resident

Short Day Camper - Cost -\$225 8:30 AM to 3:30 PM (Lunch is included)

Long Day Camper - Cost-\$280 8:30 AM to 8:30 PM (Lunch and Dinner included)

Full Time Resident - Cost-\$375 (Breakfast, Lunch, and Dinner is included in addition to dorm experience)

TIME: Both residents and commuters attending camp beginning July 18 should arrive at Alvernia's Physical Education Center between 2:00 PM and 3:00 PM for registration. **All campers will stay until 8:30 PM & get dinner on Sunday, July 18.**

AWARDS CEREMONY for camp will be the last day, July 22, starting at 11:30.

FOOD: Balanced meals each day to insure maximum nutritional value. (All you can eat)

HOUSING: All resident halls are well supervised and facilities are equipped with air conditioning. (bed linens are not provided)

INFORMATION: www.midatlanticbasketballcamps.com or CoachJMcCloskey@AOL.com or phone 610-367-0509

APPLICATION: Complete form and mail to: Jack McCloskey, 211 Sunset Hill Road, Boyertown, PA 19512

**** Only cash, money orders or cashiers checks will be accepted at registration**

****A \$150 non-refundable deposit MUST accompany the returned application to reserve you a spot in camp.**

Name _____ Gender (m / f)
 Address _____
 City _____ State _____
 Zip Code _____
 Parent's Name _____
 Grade Next Year _____ Coach _____
 School _____ Age at Camp _____
 T-Shirt Size (Men's Sizes) S M L XL
 E-mail address - _____
 I wish to room with: _____

- Short Day Camper - \$225
 Long Day Camper - \$280
 Full - Time Resident - \$375

**Signatures on this registration form
signify parent or guardian has read,
understands and abides by this
information.**

I release and discharge, Jack McCloskey Basketball Camp, camp workers and employees from all action, suit and demands whatsoever in law or in equity including but not limited to the risk of injury from participating in camp and the risk of loss of personal property by theft or otherwise. I give permission to Hospital workers and employees of the camp to treat injuries sustained in Camp.

Signature (parent / guardian) Date

Health Insurance Company _____
 Health Insurance Number _____
 Home Phone _____
 Work Phone _____

Schedule – Sunday, July 18

2:00 - 3:00	Registration – Physical Education Center Lobby
3:00 - 4:00	Meeting for all Campers (Residents & Commuters) Alvernia's Physical Education Center
4:00 - 5:00	Dinner (all campers)
5:00 - 5:30	Report to the Gym with Group
5:30 - 6:15	Shooting Session
6:15 - 7:15	Defensive Session
7:15 - 8:15	Team Selection – 5 on 5
8:15 - 8:30	One on One – Preliminary Rounds / Finals
8:30 PM	Short & Long Day Campers leave

Daily Schedule – Monday, Tuesday, Wednesday

7:00 - 8:15	Wake-up, Breakfast and Room Checks
8:15 - 8:30	Arrival / Individual Work
8:30 - 8:45	Stretching / Full Court Drills / Report to Shooting Basket
8:45 - 10:00	Stations
10:00 - 11:30	Games
11:30 - 12:30	Lunch (all campers)
12:30 - 1:00	Skill Development / Breakdown Sessions / Report to Shooting Basket
1:00 - 1:30	Foul Shooting
1:30 - 3:00	Games
3:00 - 3:30	Tournament Preliminary Rounds *
3:30 PM	Short Day Commuter Leaves
3:30 - 4:00	Improvement Drills / Individual Instruction
4:00 - 4:30	4 on 4 Games, 3 on 3 Games
4:30 - 5:30	Dinner (long day and resident campers)
5:30 - 6:00	Foul Shooting
6:00 - 6:45	Shooting Drills
6:45 - 7:30	Defensive Drills
7:30 - 8:30	Games
8:30 PM	Long Day Campers leave

* Monday – Two on Two Tuesday – Three on Three Wednesday – Hot Shot

Thursday, July 22

7:30 - 8:15	Breakfast
8:15 - 8:45	Pack / Clean Rooms
8:30 AM	Commuters Arrive
8:45 - 9:00	Stretching / Collection of Keys
9:00 - 10:15	Stations
10:15 - 11:15	Games / Tournament Finals
11:30 AM	Awards Ceremony

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